

# Holy Communion



Lammas Tide



# Lammastide

Lammas or 'Loaf-mass' (derived from the Anglo-Saxon Hlafmaesse) is an English feast in origin, held on 1<sup>st</sup> August as a thanksgiving for the firstfruits of the wheat harvest.

Traditionally, a newly baked loaf from the wheat harvest was presented before

God within the mass of that day. While the ceremony ceased at the Reformation, reference to Lammas Day continued in the Prayer Book calendar, and the practice has been revived in some places in more

recent years. The tradition of giving thanks for the firstfruits need not be limited to 1<sup>st</sup> August, and churches are at liberty to decide when to hold such a celebration.

The Lammas loaf should ideally be baked by members of the congregation, using local produce wherever possible.

Part of the Lammas loaf may be used as the eucharistic bread on this occasion.



## Welcome

**M** In the name of the Father,  
and of the Son, and of the Holy Spirit.

**All Amen.**

*At the entry of the ministers a hymn may be sung.*

9 - All creatures of our God and King

## The Greeting

*The president greets the people*

Grace, mercy and peace from God our Father  
and the Lord Jesus Christ be with you

**All and also with you.**

**P** Brothers and sisters in Christ, the people of God in ancient times  
presented to the Lord an offering of first-fruits  
as a sign of their dependence upon God for their daily bread.  
At this Lammastide, we bring a newly baked loaf  
as our offering in thanksgiving to God  
for his faithfulness.

**M** Jesus said, 'I am the bread of life;  
those who come to me shall never be hungry  
and those who believe in me shall never thirst.'

*The fresh cut grain and Lammas loaf are brought to the president.*

In the name of the famers and farm workers  
of our community, I bring this symbol of wheat and barley,  
the first fruits of our harvest.

We offer it to God and pray for His blessing  
on the gathering in of all the crops.

In the name of the people of our community, I bring this loaf.  
We offer it to God as a symbol of the first ears of the ripe corn.  
We offer it to God for his blessing on our homes  
and our families, on the food we eat and the work we do  
and on the daily life of our villages.

**All** All things come from you,  
and of your own have we given you.

**P** Blessed are you, Lord God of all creation;  
you bring forth bread from the fields  
and give us the fruits of the earth in their seasons.  
Accept this loaf, which we bring before you,  
made from the harvest of your goodness.  
Let it be for us a sign of your fatherly care.  
Blessed are you, Lord our God,  
worthy of our thanksgiving and praise.

**All** Blessed be God for ever.

*The grain & Lammas loaf are placed on the altar*

## Prayer of Preparation

**All** Almighty God, to whom all hearts are open, all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;

**M** As those who know the generosity of God,  
let us confess our sins,  
especially the ways in which we  
take his good gifts for granted.

*M* Lord, you give us this day our daily bread.  
Forgive us our trespasses. Lord, have mercy.

*All* **Lord, have mercy.**

*M* Lord, you give us this day our daily bread.  
Let us not be led into temptation.  
Christ, have mercy.

*All* **Christ, have mercy.**

*M* Lord, you give us this day our daily bread.  
Deliver us from evil. Lord, have mercy.

*All* **Lord, have mercy.**

*P* Almighty God, who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

*All* **Amen.**

## **Gloria in Excelsis**

*Cantor* Glory to God, glory to God, glory to the Father.

*All* **Glory to God, glory to God, glory to the Father.**

*Cantor* To him be glory forever.

*All* **To him be glory forever.**

*Cantor* Alleluia, amen.

*All* **Alleluia, amen.**

*Cantor* Alleluia, amen.

*All* **Alleluia, amen.**

**Alleluia amen, alleluia ame—n.**

*Cantor* Glory to God, glory to God, son of the Father.

*All* **Glory to God, glory to God, son of the Father.**

*Cantor* To him be glory forever. . . .

*Cantor* Glory to God, glory to God, glory to the Spirit.

*All* **Glory to God, glory to God, glory to the Spirit.**

*Cantor* To him be glory forever. . . .

## The Collect

*P* Eternal God, you crown the year with your goodness  
and you give us the fruits of the earth in their season:  
grant that we may use them to your glory,  
for the relief of those in need,  
and for our own well-being;  
through Jesus Christ our Lord, who lives and reigns  
with you in the unity of the Holy Spirit,  
one God, now and forever. ever.

*All* **Amen.**

## Readings

### **Exodus 16.2-4 9-15** (ESV)

And the whole congregation of the people of Israel grumbled against Moses and Aaron in the wilderness, and the people of Israel said to them, “Would that we had died by the hand of the Lord in the land of Egypt, when we sat by the meat pots and ate bread to the full, for you have brought us out into this wilderness to kill this whole assembly with hunger.”

Then the Lord said to Moses, “Behold, I am about to rain bread from heaven for you, and the people shall go out and gather a day's portion every day, that I may test them, whether they will walk in my law or not. Then Moses said to Aaron, “Say to the whole congregation of the people of Israel, ‘Come near before the Lord, for he has heard your grumbling.’” And as soon as Aaron spoke to the whole congregation of the people of Israel, they looked toward the wilderness, and behold, the glory of the Lord appeared in the cloud. And the Lord said to Moses, “I have heard the grumbling of the people of Israel. Say to them, ‘At twilight you shall eat meat, and in the morning you shall be filled with bread. Then you shall know that I am the Lord your God.’”

In the evening quail came up and covered the camp, and in the morning dew lay around the camp. And when the dew had gone up, there was on the face of the wilderness a fine, flake-like thing, fine as frost on the ground. When the people of Israel saw it, they said to one another, “What is it?” For they did not know what it was. And Moses said to them, “It is the bread that the Lord has given you to eat.”

*At the end of each the reader may say*

This is the word of the Lord.

***All* Thanks be to God.**

*Please stand for the Gospel Hymn*

138 - For the fruit of his creation (Tune Ar Hyd y Nos )

Alleluia, alleluia. God has spoken to us through his Son,

through whom he created the worlds

**All Alleluia.**

Hear the Gospel of our Lord Jesus Christ according to John.

**All Glory to you, O Lord.**

**John 6.24–35**<sup>(ESV)</sup> Then So when the crowd saw that Jesus was not there, nor his disciples, they themselves got into the boats and went to Capernaum, seeking Jesus. When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” Jesus answered them, “Truly, truly, I say to you, you are seeking me, not because you saw signs, but because you ate your fill of the loaves. Do not labour for the food that perishes, but for the food that endures to eternal life, which the Son of Man will give to you. For on him God the Father has set his seal.” Then they said to him, “What must we do, to be doing the works of God?” Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” So they said to him, “Then what sign do you do, that we may see and believe you? What work do you perform? Our fathers ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” Jesus then said to them, “Truly, truly, I say to you, it was not Moses who gave you the bread from heaven, but my Father gives you the true bread from heaven. For the bread of God is he who comes down from heaven and gives life to the world.” They said to him, “Sir, give us this bread always.” Jesus said to them, “I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.

*At the end*

This is the Gospel of the Lord.

**All Praise to you, O Christ.**

*Please sit*

## Affirmation of Faith

*Please stand*

**M** Let us declare our faith in God.

**All** We believe in God the Father,  
from whom every family in heaven and on earth is named.  
We believe in God the Son,  
who lives in our hearts through faith,  
and fills us with his love.  
We believe in God the Holy Spirit,  
who strengthens us with power from on high.  
We believe in one God; Father, Son and Holy Spirit.  
Amen.

## Prayers of Intercession

*Please sit or kneel for prayer*

*The following or another form of prayers may be used*

*Intercessor*

Let us give thanks to God,  
the God of all peoples of the earth.

For the colour and forms of your creation  
and our place within it,  
we bring our thanks, good Lord:

**All** your mercy endures for ever.

For our daily food,  
and for those whose work and skill  
bring your good gifts to us,  
we bring our thanks, good Lord:

**All your mercy endures for ever.**

For the gifts and graces inspired in human minds and hearts;  
for insight and imagination,  
for the skills of research which bring healing  
and fulfilment to the lives of many;  
we bring our thanks, good Lord:

**All your mercy endures for ever.**

For the light and shades of the changing seasons,  
and their variety and dependability;  
for new life and growth out of barrenness and decay;  
we bring our thanks, good Lord:

**All your mercy endures for ever.**

For new hope and strength in our communities,  
especially in your Church and among  
all you call to serve you,  
we bring our thanks, good Lord;

**All your mercy endures for ever.**

For all in whose lives we see goodness,  
kindness, gentleness, patience and humility,  
and all the fruit of the Spirit,  
we bring our thanks, good Lord:

**All your mercy endures for ever.**

For the life we have been given,  
and for all those whom you have given us to share it,  
we bring our thanks, good Lord:

**All your mercy endures for ever.**

## The Peace

*Please stand*

**P** The harvest of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

The peace of the Lord be always with you

**All** and also with you.

### Preparation of the Table

**P** As the grain once scattered in the fields and the grapes once dispersed on the hillside are now reunited on this table in bread and wine, so, Lord, may your whole Church soon be gathered together from the corners of the earth into your kingdom.

**All** Amen.

### Prayer B

**P** The Lord be with you                      (*or*) The Lord is here.

**All** and also with you.                      His Spirit is with us.

**P** Lift up your hearts.

**All** We lift them to the Lord.

**P** Let us give thanks to the Lord our God.

**All** It is right to give thanks and praise.

**P** Father, we give you thanks and praise through your beloved Son Jesus Christ, your living Word, through whom you have created all things; who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.

*Short Proper Preface, when appropriate*

*And now we give you thanks  
because you make us stewards of your creation,  
to praise you day by day  
for the marvels of your wisdom and power.*

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and *saying*:

***All* Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

**P** Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine may be to us  
the body and blood of our Lord Jesus Christ;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me. †

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me. †

*One of these acclamations is used*

**M** Great is the mystery of faith:

**All** **Christ has died:**

**Christ is risen:**

**Christ will come again.**

*P* And so, Father, calling to mind his death on the cross,  
his perfect sacrifice  
made once for the sins of the whole world;  
rejoicing in his mighty resurrection  
and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.  
As we offer you this our sacrifice of praise  
and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of *N* and all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever. †

*All* **Amen.**

## The Lord's Prayer

**M** Let us pray with confidence as our Saviour has taught us

**All** Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
in earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever. Amen.

## Breaking of the Bread

*The president breaks the consecrated bread.*

**P** We break this bread  
to share in the body of Christ.

**All** Though we are many, we are one body,  
because we all share in one bread.

*The Agnus Dei may be used as the bread is broken*

**All** Jesus, Lamb of God,  
have mercy on us.  
Jesus, bearer of our sins,  
have mercy on us.  
Jesus, redeemer of the world,  
grant us peace.

**P** Draw near with faith.  
Receive the body of our Lord Jesus Christ  
which he gave for you, and his blood which he shed for you.  
Eat and drink in remembrance that he died for you,  
and feed on him in your hearts  
by faith with thanksgiving.

**P** The body of Christ, given for you  
**All Amen.**

**P** The blood of Christ, shed for you  
**All Amen.**

*The president will then receive communion in both kinds having spoken the words of distribution once for all communicants at the Altar. They will then come to each pew and distribute the wafers into the hand without making contact. Once the priest has moved to the next pew please remove your mask and consume the wafer. To assist the president please hold your hands out if you wish to receive and hold this service book if you do not.*

## **After Communion**

Jesus said, 'I am the bread of life.  
Whoever comes to me will never be hungry,  
and whoever believes in me will never be thirsty.'

**M** O God, your Son made himself known to his disciples  
in the breaking of bread: open the eyes of our faith,  
that we may see him in his redeeming work,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever

**All Amen.**

***All*** Father of all, we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord. Amen.

*We stand to sing our closing song of praise*

571 - You shall go out with joy

**M** Father Send us out into the world

**All** Send us to care and nurture

Father send us out into the world

**All** Send us to bind up and heal

Father send us out into the world

**All** Send us to make disciples

Father send us out into the world

**All** Send us to share your love

**Amen.**

**M** Tend the earth, care for God's good creation,  
and bring forth the fruits of righteousness  
Go in peace to love and serve the Lord.

**All** In the name of Christ. Amen.

*The president may use this seasonal blessing*

May God the Father of our Lord Jesus Christ,  
who is the source of all goodness and growth,  
pour his blessing upon all things created,  
and upon you his children,  
that you may use his gifts to his glory  
and the welfare of all peoples;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**All** Amen.

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# Lower Wensleydale